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Friday 9th February 2024

This week's Stars are:



P1 Theo M
P2 Keela C
P3 Hollie C
P4 Leah M
P5 Emily M
P6 Cade K / Liam M
P7 Holly H



Our half term break runs from Monday 12th February to Friday 16th February (inclusive). School commences again on Monday 19th February.

We hope that everyone has a relaxing and enjoyable week.

Primary 7 – Confirmation

Congratulations to our Primary 7 boys and girls who celebrated the sacrament of Confirmation on Wednesday afternoon. It was a very special service for everyone involved.



Peace Proms – School Choir

Please ensure that you have read the drop off and pick up instructions. Please sign and return the main contact details reply slip. A message with further information will be sent on week beginning 19th February.



Thank you to everyone who supported the NSPCC Number Day! A fantastic amount of £219 has been raised. The NSPCC is the UK's leading children's charity, preventing abuse and helping those affected to recover. What a difference they make to our children and young people.

Post-Primary Transfer Application

Parents/Guardians must submit their application for post-primary school via EA Connect before the closing date on Thursday 22 February 2024 at 12 noon.

On Saturday 18 May 2024 the parents/carers will be informed of the post-primary application outcome via email.

Attendance

The School Attendance Matters document highlights the importance of your child's attendance at school. Please take some time to read through this.

<https://www.education-ni.gov.uk/sites/default/files/publications/de/attendance-matters-a-parents-guide.pdf>

Trocaire

This year the money raised for Trocaire will help support the people of Malawi, following catastrophic drought, poverty and hunger. We will begin our fundraising events for Trocaire after the mid-term break. Each class will also have a Trocaire box which can be used for donations.

Eco Committee Update

Miss Cuning and Miss McLaughlin are working hard behind the scenes with the Eco Committee to achieve our Eco Schools Flag this year.

Our environmental review and action plan will be made available on the website next week if you want to find out more about what we are doing for Eco-Schools.

If you have any suggestions or would like to offer support please contact the school office, it will all help to strengthen our campaign in becoming more environmentally friendly.

The Eco Committee have created the Plastic Promise below. It outlines single-use plastics we are trying to reduce in school and replace with reusable alternatives.

St. MacNissi's Primary School, Larne: Plastic Promise

❤️ PLEDGED

Packets & wrappers, Carrier bags, Food containers, Beverage bottles, Takeaway cups

Please see the Waste Free Wednesday's information sheet at the end of the newsletter and also the Cash for Clobber Guide attached with the newsletter which will begin after the half term break.

Dates for your Diary

February 2024

Monday 12th February – Friday 16th February (inclusive) – Half Term Break

Monday 19th February – Primary 7 - PeacePlayers at YMCA

Wednesday 21st February – Primary 5 – Visit to Larne Library

Friday 23rd February – Whole School – Day of Action for Eco Schools

Sunday 25th February – School Choir – Peace Proms at the SSE Arena 7pm

Monday 26th February – Primary 7 – PeacePlayers at YMCA

Wednesday 28th February – Primary 3 – Sacrament of First Confession at 1.30pm

Wednesday 28th February – Primary 7 – Visit to Larne Library

Thursday 29th February – Eco Committee Fundraising – Tuck Shop

March 2024

Friday 1st March – Primary 3 – Special Assembly at 1.15pm in the assembly hall

Monday 4th March – Primary 7 – PeacePlayers at YMCA

Thursday 7th March – World Book Day – Children welcome to dress up in costume

Monday 11th March – Primary 7 – PeacePlayers at YMCA

Wednesday 13th March – Primary 7 Woodhall Trip Information Session at 2.15pm in the assembly hall

Monday 18th March – School Closed – Bank Holiday for St Patrick's Day

Tuesday 19th March – Primary 1 – School Nursing Team – P1 Appraisals (more details to follow)

Monday 25th March – Primary 7 – Peaceplayers Celebration Event at YMCA

Thursday 28th March – School finishes at 11am for the Easter Holidays

Friday 29th March – Friday 5th April (inclusive) – Easter Holidays

Monday 8th April – School commences for Term 3

After school clubs – all clubs will begin week commencing Monday 19th February 2024. Booking/Payments can be made for all clubs on ParentPay.

2.00 – 3.00pm	Monday	Tuesday	Wednesday	Thursday	Friday
	Football Club with Larne FC coach	Eco Club	Uplift Performing Arts	Construction Club	Friday Fun Club (2pm to 3pm)
Classes:	(P1 and P2)	(P1 and P2)	(P1 and P2)	(P1 and P2)	(P1 to P7)
Cost and Payment	ParentPay £3.00 per session (4-week block)	ParentPay £3.00 per session (5-week block)	ParentPay £3.00 per session (5-week block)	ParentPay £3.00 per session (5-week block)	ParentPay £3.00 per session (5-week block)
Places available:	15	15	15	15	15
3.00 – 4.00pm	Monday	Tuesday	Wednesday	Thursday	Friday
	Football Club with Larne FC coach	Eco Club	Uplift Performing Arts	Irish Dancing Fun with Rowena (no experience needed)	Hockey Club (2pm to 3pm)
Classes:	(P3, P4, P5, P6 and P7)	(P3, P4, P5, P6 and P7)	(P3, P4, P5, P6 and P7)	(P3, P4, P5, P6 and P7)	(P5, P6 and P7)
Cost and Payment	ParentPay £3.00 per session (4-week block)	ParentPay £3.00 per session (5-week block)	ParentPay £3.00 per session (5-week block)	ParentPay £3.00 per session (5-week block)	ParentPay £3.00 per session (5-week block)
Places available:	30	20	25	15	20
Dates:	Week 1: 19.02.24 Week 2: 26.02.24 Week 3: 04.03.24 Week 4: 11.03.24	Week 1: 20.01.24 Week 2: 27.02.24 Week 3: 05.03.24 Week 4: 12.03.24 Week 5: 19.03.24	Week 1: 21.02.24 Week 2: 28.02.24 Week 3: 06.03.24 Week 4: 13.03.24 Week 5 : 20.03.24	Week 1: 22.02.24 Week 2: 29.02.24 Week 3: 07.03.24 Week 4: 14.03.24 Week 5: 21.03.24	Week 1: 23.02.24 Week 2: 01.03.24 Week 3: 08.03.24 Week 4: 15.03.24 Week 5: 22.03.24

Child Protection and Safeguarding

Should you have concerns about your own or another child inside or outside of school, this should be reported in the first instance to Mr Oakes (DT) or in his absence Mrs O'Broin (DDT).

If you have immediate concerns outside school time (weekends, holidays, evenings) do not hesitate to call the Referral Gateway Team on **0300 1234 333** or **028 9442 4459** or the PSNI Central Referral Unit on **028 9025 9299** or **101 Ext 30299**.

In St. MacNissi's, we aim to work closely with parents/guardians in supporting all aspects of their child's development and well-being. Any concerns a parent may have will be taken seriously and dealt with in a professional and confidential manner. Should you have a safeguarding concern, please follow the steps below.

I have a concern about my child/a child's safety



I can speak to the class teacher



If I am still concerned, I can talk to the Designated Teacher for Child Protection (Mr Oakes) or the Deputy Designated Teacher for Child Protection (Mrs O'Broin)



If I am still concerned, I can talk/write to the chair of the Board of Governors – Mrs I Culleton (who can be contacted c/o the school office)



If I am still concerned, I can contact the NI Public Services Ombudsman
Tel: 0800 343 424

Nut Allergies

We have several children in school who suffer from nut and other allergies. It is important that there is strict avoidance to this food group in order to prevent a life-threatening allergic reaction. Consequently, we must ask that you do not send nuts or nut products into school (either for healthy break or packed lunch). This includes peanut paste, Nutella, all nuts and cooking oil containing peanut oil, as well as foods containing nuts such as cereals and muesli bars. This is particularly relevant now that children are eating lunches in their classrooms. Thank you for your co-operation in this matter.

Some people, especially those allergic to peanuts, may have allergic reactions after eating lupin or foods containing ingredients from lupin.

Our school catering team have requested that parents advise if their child has an allergy related to this.

PLEASE NOTE: NEW DINNER MENU STARTING MONDAY 19th FEBRUARY 2024

EAT SMART WITH THE LUNCH BUNCH



WEEKS SERVED	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
19 February 18 March 15 April 13 May 10 June 2 September 30 September	Beef Bolognaise - Or - Chicken Goujon Wrap with chilli dip Sweetcorn / Broccoli Pasta Spirals / Mashed Potato Chocolate & Orange Cookie	Breaded Fish & Lemon Mayo - Or - Homemade Margherita Pizza Garden Peas / Baked Beans Chipped Potato / Baked Potato Raspberry Jelly & Two Fruits	Chicken Curry & Naan Bread - Or - Chinese-style Beef & Vegetables Diced Carrots & Green Beans Noodles / Rice Fruit Sponge & Custard	Roast Beef, Stuffing & Gravy - Or - Salmon & Creamy Tomato Pasta Fresh Vegetables in Season Mashed Potato / Oven Roast Potato Pineapple Delight	Hot Dog / Veggie Dog with Tomato Ketchup - Or - Chicken & Summer Veg Pie Spaghetti Hoops / Corn on the Cob Chipped / Mashed Potatoes Ice-Cream & Mandarin Oranges
26 February 25 March 22 April 20 May 17 June 9 September	Golden Crumbed Fish Fingers - Or - Freshly Baked Ham & Cheese Panini Baked Beans & Garden Peas Chipped / Baked Potato Homemade Flakemeal Biscuit	Bolognaise - Or - Homemade Margherita Pizza Sweetcorn / Diced Carrots Pasta / Wedges Mandarin Orange Sponge & Custard	Chicken Curry & Naan Bread - Or - Baked Pork Sausages & Gravy Garden Peas / Baton Carrots Boiled Rice / Mashed Potato Arctic Roll and Peaches	Roast Gammon, Stuffing & Gravy - Or - Quorn Dippers Fresh Vegetables in Season Mashed / Oven Roast Potato Homemade Brownie & Orange Wedges	Chicken Goujons & Sweet Chilli Dip - Or - Roast Mediterranean Vegetable Pasta Bake Spaghetti Hoops / Corn on the Cob Chipped / Baby New Potatoes Fruit Muffin & Apple / Orange Juice
4 March 1 April 29 April 27 May 24 June 16 September	Golden Crumbed Fish Fingers - Or - Creamy Chicken & Broccoli Pasta with Garlic Bread Sweetcorn & Roasted Peppers Chipped / Baked Potato Ice-Cream, Pears & Chocolate Sauce	Homemade Cottage Pie - Or - Homemade Margherita Pizza Spring Greens / Butternut Squash Oven Baked Potato Wedges / Baked Potato Summer Fruit Cheesecake	Chicken Curry & Naan Bread - Or - Beef Meatballs with Tomato & Basil Sauce Green Beans / Baton Carrots Steamed Rice / Pasta Spirals Sticky Date Pudding & Custard	Roast Chicken, Stuffing & Gravy - Or - Chicken & Pepper Fajita Fresh Vegetables in Season Mashed Potato / Oven Roast Potato Golden Krispie Square	School "Chippy Day" Chicken or Sausages - Or - Baked Potato with Tuna & Sweetcorn / Salad Beans / Garden Peas Chipped / Baby New Potatoes Frozen Fruit Yoghurt
11 March 8 April 6 May 3 June 26 August 23 September	Baked Pork Sausages & Gravy - Or - Jerk Chicken & Caribbean Rice with Flatbread Baked Beans / Garden Peas Chipped / Baked Potato Ice-Cream & Two Fruits	Chicken Curry & Naan Bread - Or - BBQ Pulled Pork Pizza Wrap Sweetcorn / Baton Carrots Boiled Rice / Oven Roasted Garlic & Paprika Wedges Jaffa Cake Pots	Breaded Fish & Lemon Mayo - Or - Beef Lasagne, Garlic Bread Garden Peas / Diced Carrots Mashed / Baby Potato Fruit Sponge & Custard	Roast Chicken, Stuffing & Gravy - Or - Roast Butternut Squash, Penne Pasta and Tomato & Pesto Sauce Fresh Vegetables in Season Mashed Potato / Oven Roast Potato Fresh Fruit Salad & Yoghurt	Beef Burger / Bean Burger in Bap with Onions - Or - Salt & Chilli Chicken Corn on the Cob / Pasta Salad Chipped Potato / Steamed Rice Lemon Shortbread & Melon Wedge

MILK, WATER, BREAD &
FRESH FRUIT AVAILABLE DAILY

IF YOU NEED ANY INFORMATION ON ALLERGENS OR HAVE SPECIAL
DIETARY REQUIREMENTS, PLEASE NOTIFY YOUR SCHOOL ACCORDINGLY

MENU SUBJECT TO
PRODUCT AVAILABILITY

Waste Free Wednesdays



NUDE FOOD DAY INFORMATION FOR PARENTS

What is Nude Food?

Nude Food is simply food that is not wrapped in foil, plastic or commercial packaging.

The best type of nude food consists mainly of fresh food, so that it is healthy and nutritious PLUS environmentally friendly.

Promoting Nude Food empowers students to make conscious choices about what they eat, and encourages them to think about their impact on the environment (and their health). You might be amazed with how enthused your child can become on this...

✓ To pack a Nude Food Lunch or Snack, you will need:

- Cutlery from home is better than throwaway plastic ones
- Plastic or metal drink bottles are recommended for refilling with water
- Reusable containers for putting all of your food, snacks and drinks into
- Lunch boxes that have lots of separate sections can be useful to avoid lost lids or containers

✗ Try to avoid:

- Zip lock or plastic bags, plastic wrap or aluminium foil
- Tetra packed drinks, single serve yoghurts and cheese
- Single use plastic forks and spoons
- Prepackaged food, i.e. biscuits, snack bars and chips

Tips for Packing Nude Food Lunches:

- Try to involve the kids in helping decide what to take. This will help to avoid uneaten foods being thrown out, plus will save your family money as well. Also, remember to praise your child if they do eat something healthy which is new for them.
- Try to pack the lunches the night before and store in the fridge overnight to avoid the mad rush in the morning.
- If your child normally enjoys chips, yoghurt or other prepackaged snacks, buy these in a larger format and you can decant these into smaller reusable containers or lunchbox.
- If your child does enjoy chips, why not try making your own veggie versions using sliced beetroot, parsnip or sweet potato and baking in the oven?
- Try to use fruit and vegetables that are in season. Seasonal produce is friendly to the environment as well as to your budget, as less fuels are used to transport it into your supermarket.
- Go to www.nudefoodday.com.au/resources for Nude Food recipe ideas.



Nutrition
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